

**SUMMARY OF STANDARDS AND REQUIREMENTS
CERTIFIED INDIGENOUS ADDICTIONS SPECIALIST LEVEL I (CIAS I)**

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| Education | Completion of a diploma in the social or behavioural sciences* or a certificate with integrated or additional formal or informal training/education in addictions OR portfolio of training (formal or informal) that reflects the requirements of this certification (*human services, counseling psychology, social work, psychology or other relevant field.) | HOURS |
| Experience | One (1) year full time paid work experience in an Aboriginal addiction treatment setting (Community-based or Treatment centre). PLAR: ICBOC will determine applicants' length of previous work experience in positions similar to their current one. Documents might be required Please note that this certification is not available for administrative positions | 2000 |
| Education or Training 450 hours minimum | Core knowledge and skills in addictions and wellness | 170 |
| | Counselling knowledge and skills | 60 |
| | General knowledge and skills in support of professional practice | 50 |
| | Cultural knowledge and skills | 50 |
| | Knowledge in the core functions of a addictions specialist at level I | 90 |
| | Related knowledge and skills - addictions and mental wellness | 30 |
| Supervisor's Evaluation Minimum scores | <ul style="list-style-type: none"> • Core Knowledge in addictions and mental wellness • Counselling knowledge and skills • General Knowledge and Skills in support of Professional Practice • Knowledge and skills in the core functions of a CIAS | 70% |
| | <ul style="list-style-type: none"> • Cultural competencies • Professional integrity | 80% |
| Practicum | Some hours of training in the core functions can be counted (must submit Practicum Report) | |
| Core knowledge and skills in wellness and addictions | | 170 hrs |
| Models and theories of addictions | | 20 |
| Physiological aspects of addictions | | 20 |
| Psychological dependencies and complications | | 20 |
| Addiction interventions | | 20 |
| Wellness promotion* | | 20 |
| Pharmacology | | 15 |
| Human development | | 20 |
| Self care, health and wellness | | 20 |
| Ethics | | 15 |
| Counselling knowledge and skills | | 60 hrs |
| • One-on-one, group, couple, youth, family counselling | | 20 |
| • Counselling process | | 10 |
| • Counselling theories | | 10 |
| • Types of therapies | | 20 |
| General knowledge and skills in support of professional practice | | 50 hrs |
| • Communication | | 30 |
| • Interviewing techniques | | 10 |
| • Conflict management (resolution/mediation) | | 5 |
| • Clients safety | | 5 |
| *Trainings from the Thunderbird Partnership Foundation Mental Wellness Continuum Framework and Wellness Assessment are encouraged and accepted | | |

| Cultural knowledge and skills | | 50 hrs |
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| Cultural/traditional knowledge on topics specific to Aboriginal culture and/or history, acquired through formal or informal training or through activities pursued in the context of working with/treating a client, including knowledge and ability to communicate with clients in an Aboriginal language | | 30 |
| Residential school issues and/or decolonization | | 10 |
| Sixties Scoop | | 5 |
| Jordan's Principle | | 5 |
| Knowledge and practice in the core functions of a CIAS I | | 90 hrs |
| • Screening | | 5 |
| • Intake | | 5 |
| • Assessment | | 10 |
| • Client orientation | | 5 |
| • Treatment planning | | 10 |
| • Knowledge building | | 10 |
| • Case management | | 10 |
| • Referral | | 10 |
| • Crisis management | | 5 |
| • Reports and record Keeping | | 10 |
| • Teamwork | | 10 |
| Related knowledge and skills - addictions and mental wellness (list not exhaustive) | | 30 hrs |
| <ul style="list-style-type: none"> • Minimum 1 hour in any given subject (proof of education/training is required) | | |
| <ul style="list-style-type: none"> • Grief work • FASD • Suicide • Depression • Trauma • PTSD • HIV/AIDS • STDs • Mental health • Concurrent disorders • Healthy nutrition • Indigenous medicines • Medicine wheel • Burnout • Self-care and wellness • Resilience | <ul style="list-style-type: none"> • Forms of addictions • Specific drugs/substances • Epidemiology of addictions • Relapse prevention • Concurrent disorders • LGBT issues • Indigenous traditional lifestyles • Holistic healing • Workplace harassment • Domestic violence • Lateral violence • Lateral kindness • Healthy parenting • Traditional teachings • Emotional intelligence • Life coaching topics | <ul style="list-style-type: none"> • Indigenous traditional healing practices • Healing and humour • Healing through songs • Healing through traditional craft-making • On-the-land healing • Story telling • Traditional games • Country food • Traditional art • Decolonization • Gambling addiction • Internet addiction • Sexual addiction • Alcohol addiction and diabetes • Addiction and the brain |
| <p>NOTE: EDUCATION/TRAINING</p> <p>The required addictions-specific and addictions related hours may be acquired through formal education programs at university or college level or through more informal training in a variety of formats, offered by independent trainers, training organisations or through alternative means recognized by ICBOC.</p> | | |