

**SUMMARY OF STANDARDS AND REQUIREMENTS  
CERTIFIED INDIGENOUS ADDICTIONS SPECIALIST LEVEL II (CIAS II)**

<b>Education</b>	Completion of a degree in the social or behavioural sciences* or a diploma with integrated or additional formal or informal training/education in addictions <b>OR</b> portfolio of training (formal or informal) that reflects the requirements of this certification (*human services, counseling psychology, social work, psychology or other relevant field.)	<b>HOURS</b>
<b>Experience</b>	Three (3) years full time paid work experience in an Aboriginal addiction treatment setting (Community-based or Treatment centre). <b>PLAR:</b> ICBOC will determine applicants' length of previous work experience in positions similar to their current one. Documents might be required <b>Please note that this certification is not available for administrative positions</b>	<b>6000</b>
<b>Education or Training</b> <b>620 hours minimum</b>	<b>Core knowledge and skills in addictions and wellness</b>	<b>230</b>
	<b>Counselling knowledge and skills</b>	<b>90</b>
	<b>General knowledge and skills in support of professional practice</b>	<b>80</b>
	<b>Cultural knowledge and skills</b>	<b>70</b>
	<b>Knowledge in the core functions of an Addiction Specialist at level II (CIAS II)</b>	<b>110</b>
	<b>Related knowledge and skills - addictions and mental wellness</b>	<b>40</b>
<b>Supervisor's Evaluation</b>  <b>Minimum scores</b>	<ul style="list-style-type: none"> <li>• Core knowledge in addictions and mental wellness</li> <li>• Related knowledge in addictions and mental wellness</li> <li>• General knowledge</li> <li>• Knowledge and skills in the core functions of a CIAS II</li> </ul>	<b>70%</b>
	<b>Cultural competencies</b> <ul style="list-style-type: none"> <li>• Knowledge of cultural healing approaches to addictions and mental wellness</li> </ul> <b>Professional integrity</b> <ul style="list-style-type: none"> <li>• Professional attitude</li> <li>• Professional conduct</li> </ul>	<b>80%</b>
<b>Practicum</b>	Some hours of training in the core functions can be counted (must submit Practicum Report)	
<b>Core knowledge and skills in addictions and wellness</b>		<b>230 hrs</b>
Models and theories of addictions		30
Physiological aspects of addictions		25
Psychological dependencies and complications		25
Pharmacology		20
Human development		25
Addiction interventions		30
Self care, health and wellness		25
Ethics		20
Wellness promotion		30
<b>Counselling knowledge and skills</b>		<b>90 hrs</b>
• One-on-one, family, group, couple, youth		25
• Counselling process		15
• Counselling theories		25
• Types of therapies		25
<b>Knowledge and skills in support of professional practice</b>		<b>80 hrs</b>
• Communication		30
• Interviewing techniques		15
• Conflict management (resolution/mediation)		10
• Clients safety		10
• Indigenous language		15

<b>Cultural knowledge and skills</b>		<b>70 hrs</b>
Cultural/traditional knowledge on topics specific to Aboriginal culture and/or history, acquired through formal or informal training or through activities pursued in the context of working with/treating a client, including knowledge and ability to communicate with clients in an Aboriginal language		40
Residential school issues and/or decolonization		15
Sixties Scoop		5
Jordan's Principle		10
<b>Knowledge and practice in the core functions of a CIAS II</b>		<b>110 hrs</b>
• Screening		10
• Intake		10
• Assessment		10
• Client orientation		10
• Treatment planning		10
• Knowledge building		10
• Case management		10
• Referral		10
• Crisis management		10
• Reports and record keeping		10
• Teamwork		10
<b>Related knowledge and skills - addictions and mental wellness (list not exhaustive)</b>		<b>40 hrs</b>
• <b>Minimum 1 hour in any given subject (proof of education/training is required)</b>		
<ul style="list-style-type: none"> <li>Grief work</li> <li>FASD</li> <li>Suicide</li> <li>Depression</li> <li>Trauma</li> <li>PTSD</li> <li>HIV/AIDS</li> <li>STDs</li> <li>Mental health</li> <li>Concurrent disorders</li> <li>Healthy nutrition</li> <li>Indigenous medicines</li> <li>Medicine wheel</li> <li>Burnout</li> <li>Self-care and wellness</li> <li>Resilience</li> </ul>	<ul style="list-style-type: none"> <li>Forms of addictions</li> <li>Specific drugs/substances</li> <li>Epidemiology of addictions</li> <li>Relapse prevention</li> <li>Concurrent disorders</li> <li>LGBT issues</li> <li>Indigenous traditional lifestyles</li> <li>Holistic healing</li> <li>Workplace harassment</li> <li>Domestic violence</li> <li>Lateral violence</li> <li>Lateral kindness</li> <li>Healthy parenting</li> <li>Traditional teachings</li> <li>Emotional intelligence</li> <li>Life coaching topics</li> </ul>	<ul style="list-style-type: none"> <li>Indigenous traditional healing practices</li> <li>Healing and humour</li> <li>Healing through songs</li> <li>Healing through traditional craft-making</li> <li>On-the-land healing</li> <li>Story telling</li> <li>Traditional games</li> <li>Country food</li> <li>Traditional art</li> <li>Decolonization</li> <li>Gambling addiction</li> <li>Internet addiction</li> <li>Sexual addiction</li> <li>Alcohol addiction and diabetes</li> <li>Addiction and the brain</li> </ul>
<p><b>NOTE: EDUCATION/TRAINING</b></p> <p>The required addictions-specific and addictions related hours may be acquired through formal education programs at university or college level or through more informal training in a variety of formats, offered by independent trainers, training organisations or through alternative means recognized by ICBOC.</p>		