

SUMMARY OF STANDARDS AND REQUIREMENTS
CERTIFIED INDIGENOUS SPECIALIST (mental health, wellness or addictions) Level IV
Concurrent Disorders Specialization (CIAS IV-COD)

Work experience

- This Certification is available to applicants who can demonstrate **recent remunerated work experience** in treating clients presenting a co-occurring substance use and mental health disorder, within a residential or community-based setting **for at least six months (1000 hours) PLUS** at least **3 years (6000 hours) of previous experience in the wellness/addictions field.**
- It is also available to applicants who are already certified with ICBOC as Indigenous Certified Addictions Specialists at level III (ICAS III) or Certified Indigenous Addictions Prevention Specialists at level III (CIAPS III), provided they demonstrate at least **350 hours** (equivalent to 10 weeks) **of direct services to clients with concurrent disorders** (either as part of their current work responsibilities or through verified volunteer work or both)

Level of education | Level III accepted or a combination of academic qualifications, experience and training

Education/training Specific to Concurrent Disorders (Focus on Indigenous perspective) | **160 hours min.**

Introduction to concurrent disorders	20
Issues and techniques in the screening and assessment of concurrent disorders	20
Strategies for working with clients with concurrent disorders	20
Treatment of concurrent disorders	20
Relapse prevention	20
Referral and care support for clients with concurrent disorders	20
Concurrent disorders and the family	20
Concurrent Disorders – legal, professional and ethical issues	20

Education/training related to Concurrent Disorders (one or a combination of topics below - list is not exhaustive or in order of priority) | **60 hours min.**

Best Practices - concurrent disorders	Trauma
Attitudes and stigma and concurrent disorders	Concurrent Disorders across lifespan, gender or sexual orientation
Integrated treatment of concurrent disorders	Specific concurrent disorders and cross-cutting issues (ex. attention deficit, hyperactivity, PTSD, eating disorders, problem gambling, nicotine dependence, suicidality)
Screening and assessment tools	Any topics related to addictions and mental health
Stages of change	Topics related to traditional healing/Indigenous history
Mutual self-help programs	
DBT for clients with concurrent disorders	

Special Techniques and approaches | **30 hours**

Tools and Interventions for Working with People with Concurrent disorders

Demonstrated expertise (applicant must submit two documents) | **Minimum 80 %**

- A research or position paper (2000 to 3000 words) **OR** 1 day workshop/course **AND**
- A case study/intervention narrative (1000 to 2000 words) drawn from first-hand experience

Evaluation of competencies related to concurrent disorders | **Supervisor's score**

<ul style="list-style-type: none"> • Communication • Addictions and Mental Health • Screening and Assessment • Client-Counsellor Relationship • Treatment Strategies • Relapse Prevention • Crisis Management 	70% minimum
<ul style="list-style-type: none"> • Cultural Approaches • Professional Integrity 	90% minimum

Recertification requirements

Every two years, 40 hours of new training on topics related to COD (10 hours of specialization-specific education + 20 hours of specialization-related related education)