

SUMMARY OF STANDARDS AND REQUIREMENTS
CERTIFIED INDIGENOUS SPECIALISTS (mental health, wellness or addictions) Level IV
FASD Specialization (CIAS IV-FASD)

Work experience

- This Certification is available to applicants who can demonstrate **recent remunerated work experience** in treating clients presenting a Fetal Alcohol Syndrome Disorder, within a residential or community-based setting **for at least six months (1000 hours) PLUS** demonstrate at least **3 years (6000 hours) of previous experience in the wellness/addictions field.**
- It is also available to applicants who are already certified with ICBOC as Indigenous Certified Addictions Specialists at level III (ICAS III) or Certified Indigenous Addictions Prevention Specialists at level III (CIAPS III), provided they demonstrate **at least 350 hours** (equivalent to 10 weeks) **of direct services to clients with FASD** and their family (either as part of an applicant’s current work responsibilities or through verified volunteer work or both)

Level of education | Level III accepted or a combination of academic qualifications, experience and training

Education/training Specific to FASD (focus on Indigenous perspectives)	160 hours min
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Epidemiological and psycho-social-cultural aspects of FASDs (Indigenous focus)	20
FASD diagnostic methods and criteria	20
Biological effects of alcohol on the embryo and the fetus	20
FASD concerns across the life span	20
Addressing FASD in Treatment	20
FASD prevention and outreach	20
Continuing care of families affected by FASD	20
Ethical, legal, and policy issues related to FASD (Aboriginal focus)	20

Education/training related to FASD (one or a combination of the topics below - list is not exhaustive)	60 hours min.
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Fetal Alcohol Exposure, FAS, FAE, pFAS and ARND New trends in FASD treatment Trauma and FASD Child abuse and FASD Examples of community-based approaches to FASD Music and FASD Genetics and FASD Screening and diagnostic tools FASD and stigma	Brain-Based Teaching Methods Social Skills and Behaviors Families and FASD Receptive Language Development FASD and Life Skills for Success FASD-related grief and loss FASD and co-occurring disorders FASD and other neurodevelopmental conditions FASD and incarceration
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Special counselling techniques and approaches	30 hours
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Tools and interventions for working with a people affected with FASD (age, gender, the incarcerated, etc...)

Demonstrated expertise (applicant must submit two documents)	Minimum 80%
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- A research or position paper (2000 to 3000 words) **OR** 1 day workshop/course **AND**
- A case study/intervention narrative (1000 to 2000 words) drawn from first-hand experience

Evaluation of competencies related to FASD	Supervisor’s score
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<ul style="list-style-type: none"> • Communication • Screening and diagnosis • Referral • Intervention • Community mobilization & education • Family outreach • Prevention 	70% minimum
<ul style="list-style-type: none"> • Cultural approaches • Professional integrity 	90% minimum

Recertification requirements

Every two years, 40 hours of new training on topics related to FASD (10 hours of specialization-specific education + 20 hours of specialization-related education)