



Pamela Carter
Red Medicine
Woman

is Tsimshian and Ditidaht from the West Coast of British Columbia. She has over 20 years of experience

in counselling. Pamela is a wholistic Counsellor with Bear Standing Tall & Associates and provides one to one private therapy sessions. She incorporates Medicine Wheel concepts in developing balance in the mental, emotional, spiritual and physical aspects of wellness and incorporates therapeutic healing modalities to reach achievement. She supports people on their healing journeys to develop a proactive wellness plan gaining an enhanced feeling of optimism, self-esteem, self-worth & respect. Please contact Bear Standing Tall & Associates to book a free consultation with Pamela for counselling. Let the healing begin!

Testimonials

"Extremely Well presented, No dull moments, combination of traditional with modern, good interaction between our teacher and all the participants."

"This Medicine Wheel teaching has changed my life for the better."

"I was very impressed with the fact that you teach this message in a very genuine way and live it in your way you present yourself."

"Loved every moment. Want to learn more, share more, grow more. Want to be part of this community & bring this to more & more people."



Jason Rocky Carter is a Nehiyaw from Onion Lake Cree Nation, Saskatchewan. He is a passionate Medicine Wheel facilitator, teacher and trainer. His pursuit of indigenized educa-

tion began at Nechi Institute Centre for Indigenous Learning, St. Albert, Alberta. He found his identity in spirituality, culture and traditional healing by returning to the land. He embraced his culture and began sundancing and committing his life to working across Turtle Island in Healing Lodges, Treatment, and Detox Centres. He is also a helper at ceremonies & follows the Elders. At Brandon University, Manitoba, he completed a Bachelor's degree in First Nations and Aboriginal Counselling. He is also a Medicine wheel Counsellor Associate Professional and a level III Medicine Wheel Facilitator. He recently moved to Toronto, Ontario to continue his M.S.W degree. For two decades, he has enjoyed sharing the wisdom of the indigenous Elders and Medicine Wheel teachings across Turtle Island.

Contact

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*"The Spirit of Medicine
Wheel Facilitator Training"*

Medicine Wheel Facilitator

Training & Counselling

OUR COURSE IS ACCREDITED THROUGH
Indigenous Certification Board of Canada
www.ICBOC.ca

Medicine Wheel Facilitator Training Program Level I

We offer a 40 hr wholistic training program for individuals, groups, organizations, agencies and corporations who are currently working with or are planning to work with Indigenous Peoples in Canada. Participants will expand their knowledge of Indigenous philosophies and basic awareness of the traditional sacred ways of Indigenous peoples using the Medicine Wheel Framework. Bear Standing Tall & Associates provides training using a wholistic approach through an indigenous lens. By sharing indigenous Elders wisdom using the circle methodology, participants are trained to facilitate the Medicine Wheel concept respectfully & with confidence.



Wholistic Wellness Plan

Using Indigenous protocols the sacred gift of tobacco is offered to ask for a balanced life. Through ceremony, we ask The Great Spirit to take away our negativity and remove old behaviors & beliefs. You are now able attract for more of what do want to make a wellness plan.

Workshops

Drum making
Dreamcatchers
Indigenous People & Addictions
Wholistic Wellness Plan
Introduction to the Medicine Wheel

Counselling

One to One counselling
Wholistic
Traditional
Wellness Plans
Support
Smudging
Indigenous Approach
Confidential
Men or Women

Community Based Training

We provide training at your community by request.

Contact us for more information.



What will I learn?

Medicine Wheel Facilitator Training Program Level I

- History: Medicine Wheel
- 4 directions
- 4 stages of life
- 4 personalities
- 4 colours of human family
- 4 seasons
- 4 agreements
- 4 aspects of nature
- 4 medicines
- True history of colonization on Turtle Island
- What is an Elder?
- Spirit Plate offering

Upon successful completion of this course students should be able to:

- Apply the Medicine Wheel philosophy in their work & life.
- Understand and be able to identify Indigenous worldviews and philosophies.
- Have a basic awareness of the traditional sacred ways of Indigenous peoples.
- Understand the relationships between land, culture, and collective and personal identity.
- Understand the relationship between ritual, gender and culture identity.
- Appreciate the contributions of Indigenous cultures to humanity.
- Understand The Truth and Reconciliation Commission of Canada: Calls To Action.
- Facilitate the Medicine Wheel concept respectfully & confidently in small or large audiences.