

**SUMMARY OF STANDARDS AND REQUIREMENTS  
CERTIFIED INDIGENOUS ADDICTIONS PREVENTION SPECIALIST LEVEL I (CIAPS I)**

<b>Education</b>	Completion of a diploma in the social or behavioural sciences* or a certificate with integrated or additional formal or informal training/education in addictions <b>OR</b> portfolio of training (formal or informal) that reflects the requirements of this certification (*human services, counseling psychology, social work, psychology or other relevant field.)	<b>Hours</b>
<b>Experience</b>	One (1) year minimum of experience or practice in the prevention of substance use disorders in a residential or community-based setting <b>PLAR:</b> ICBOC will determine applicants' length of previous work experience in positions similar to their current one. Documents might be required <b>Please note that this certification is not available for administrative positions</b>	<b>2000</b>
<b>Education/ Training</b>  <b>450 hours minimum</b>	<b>Core knowledge in addictions and mental wellness</b>	<b>170</b>
	<b>Counselling knowledge and skills</b>	<b>60</b>
	<b>General knowledge and skills in support of professional practice</b>	<b>50</b>
	<b>Cultural knowledge and skills</b>	<b>50</b>
	<b>Knowledge in the core functions of an Addictions Prevention specialist at level I</b>	<b>90</b>
	<b>Related knowledge in addictions and mental wellness</b>	<b>30</b>
<b>Supervisor's Evaluation</b>	<ul style="list-style-type: none"> <li>• Core knowledge in addictions and mental wellness</li> <li>• Counselling knowledge and skills</li> <li>• General knowledge and skills in support of professional practice</li> <li>• Knowledge and skills in the core functions of a CIAPS</li> </ul>	<b>70%</b>
<b>Minimum score</b>	<ul style="list-style-type: none"> <li>• Cultural competencies</li> <li>• Professional integrity</li> </ul>	<b>80%</b>
<b>Practicum</b>	Practicum hours can be counted as hours of work experience (must provide practicum report)	
<b>Core knowledge in addictions and mental wellness</b>		<b>170 hrs</b>
Models and theories of addictions		20
Physiological aspects of addictions		20
Psychological dependencies and complications		20
Addiction prevention interventions		20
Health and wellness promotion		20
Pharmacology		15
Human development		20
Self care, Health and Wellness		20
Ethics		15
<b>Counselling knowledge and skills</b>		<b>60 hrs</b>
<ul style="list-style-type: none"> <li>• One-on-one, group, couple, youth, family counselling</li> </ul>		20
<ul style="list-style-type: none"> <li>• Brief counselling techniques</li> </ul>		20
<ul style="list-style-type: none"> <li>• Early Intervention approaches</li> </ul>		20
<b>General knowledge and skills in support of professional practice</b>		<b>50</b>
<ul style="list-style-type: none"> <li>• Communication</li> </ul>		30
<ul style="list-style-type: none"> <li>• Group facilitation</li> </ul>		10
<ul style="list-style-type: none"> <li>• Conflict management (resolution/mediation)</li> </ul>		5
<ul style="list-style-type: none"> <li>• Clients safety</li> </ul>		5

<b>Cultural knowledge and skills</b>	<b>50 hrs</b>
Cultural/traditional knowledge on topics specific to Aboriginal culture and/or history, acquired through formal	30

or informal training or through activities pursued in the context of working with/treating a client, including knowledge and ability to communicate with clients in an Aboriginal language	
Residential school issues and/or decolonization	10
Sixties Scoop	5
Jordan's Principle	5
<b>Knowledge and practice in the core functions of a CIAPS I</b>	<b>90 hrs</b>
• Screening and Assessment	5
• Case management	10
• Health promotion/prevention education	10
• Prevention intervention planning and evaluation	10
• Referral	10
• Community engagement	10
• Crisis management	5
• Advocacy	5
• Outreach	10
• Reports and record keeping	5
• Collaboration and networking	10
<b>Related knowledge and skills - addictions and mental wellness (list not exhaustive)</b>	<b>30 hrs</b>
• Minimum 1 hour in any given subject (proof of education/training is required)	
<ul style="list-style-type: none"> <li>• Grief and Loss</li> <li>• Bereavement and Culture</li> <li>• FASD</li> <li>• Suicide</li> <li>• Depression</li> <li>• Trauma</li> <li>• PTSD</li> <li>• HIV/AIDS</li> <li>• STDs</li> <li>• Self-Injury</li> <li>• Concurrent Disorders</li> <li>• Healthy Nutrition</li> <li>• Indigenous Medicines</li> <li>• Burnout</li> <li>• Self-Care and Wellness</li> <li>• Workplace Safety</li> <li>• Indigenous Health/Wellbeing</li> <li>• Emotional intelligence</li> <li>• Self Leadership</li> </ul>	<ul style="list-style-type: none"> <li>• Concurrent Disorders</li> <li>• Forms of Addictions</li> <li>• Specific Drugs/Substances</li> <li>• Cannabis Legislation</li> <li>• Indigenous Epidemiology</li> <li>• Relapse Prevention</li> <li>• LGBT Issues</li> <li>• Indigenous Traditional Lifestyles</li> <li>• Workplace Harassment</li> <li>• Domestic Violence</li> <li>• Lateral Violence</li> <li>• Lateral Kindness</li> <li>• Healthy Parenting</li> <li>• Indigenous Societal Values</li> <li>• Life Coaching Topics</li> <li>• Group Programs</li> <li>• Incarceration Issues</li> <li>• Community development</li> </ul>
<ul style="list-style-type: none"> <li>• Indigenous Traditional Healing Practices</li> <li>• Healing and Humour</li> <li>• Indigenous Traditional Craft-Making</li> <li>• Story Telling</li> <li>• Traditional Games</li> <li>• Country Food</li> <li>• Traditional Art</li> <li>• Decolonization</li> <li>• Internet Addiction</li> <li>• Sexual Addiction</li> <li>• Diabetes</li> <li>• Diversity</li> <li>• Culturally-Relevant Program Design</li> <li>• Climate Change Impact on Indigenous Way of Life</li> <li>• Disabilities</li> <li>• Resilience and Coping</li> <li>• Child Welfare</li> <li>• Working with media</li> </ul>	
<p><b>NOTE: EDUCATION/TRAINING</b></p> <p>The required addictions-specific and addictions related hours may be acquired through formal education programs at university or college level or through more informal training in a variety of formats, offered by independent trainers, training organisations or through alternative means recognized by ICBOC.</p>	