

**SUMMARY OF STANDARDS AND REQUIREMENTS
CERTIFIED INDIGENOUS ATTENDANT IN RESIDENTIAL ADDICTION SERVICES (CIARAS)**

Education	Completion of secondary school or other studies at higher level that include courses in the required education/training for this certification	Hours	
Experience	<p>Five hundred hours (6 months) of work experience or practice in direct support services to clients affected by addictions or mental issues. and that can be accumulated in the following manner:</p> <ul style="list-style-type: none"> • Paid work experience in the current position and in remunerated previous occupations providing services similar to the current employment • Experience acquired by means of a practicum/internship/placement, undertaken as part of a program of studies • Proven experience as a volunteer providing services similar to the current employment (to a maximum of 100 hours) <p>Please note that this certification is not available for administrative positions.</p>	500	
Education or Training 200 hours minimum	Core addiction and mental wellness topics	50	
	Counselling knowledge and skills	10	
	General knowledge and skills in support of professional practice	30	
	Cultural knowledge and skills	30	
	Knowledge and practice in the core functions of a CIARAS	50	
	Addiction and mental wellness-related topics (See list of topics on page 2)	30	
Supervisor's Evaluation Minimum Score	<ul style="list-style-type: none"> • Core knowledge in addiction and wellness topics • Counselling knowledge and skills • General knowledge and skills in support of professional practice • Knowledge and skills in the core functions of a CIARAS • Cultural competencies • Professional integrity 	70%	
	Practicum	Practice hours can be counted as hours of work experience (Practicum report must be submitted)	
	Core addiction and mental wellness topics		50 hrs
	Introduction to addictions		8
	Effects of addictions on the individual and the family		7
	Introduction to mental health		6
Cultural concepts that support mental wellness		8	
Human development		7	
Self, health and wellness		7	
Ethics/Cultural values		7	
Counselling knowledge and skills		10 hrs	
<ul style="list-style-type: none"> • Brief interventions • Peer counselling approaches/techniques 		5	
General knowledge and skills in support of professional practice		30 hrs	
<ul style="list-style-type: none"> • Communication • Motivational interviewing • Pharmacology • Conflict resolution • Safety and security issues and topics (Fire Safety, First Aid, WHMIS, infection control, food safe etc...) 		10	
		5	
		5	
		5	
		5	
Cultural knowledge and Skills		30 Hrs	
Cultural/traditional knowledge and skills acquired through formal or informal education, or training/learning context of working with/treating a client, focused on topics specific to Aboriginal culture, traditions, socio-historical issues.		10	
Residential school issues and/or decolonization		10	
Sixties Scoop		5	
Jordan's Principle		5	

Knowledge and practice in the Core functions of a CIARAS		50 hrs
• Client care		10
• Client monitoring		10
• Client orientation		5
• Crisis intervention		10
• Report and record keeping		5
• Team work		10
Addiction and mental wellness-related topics (List Not Exhaustive)		30 hrs
<ul style="list-style-type: none"> • Grief work • FASD • Mental health • Residential School & Intergenerational Trauma • Aboriginal & Western therapeutic Approaches • Philosophies & theories - Aboriginal healing practices • HIV/AIDS • STDs • Indigenous & mainstream approaches to self-care and wellness • Neurological aspects of addictions • Nutrition and Alcohol and drug addictions • Diabetes 	<ul style="list-style-type: none"> • Trauma work • Suicide • Relapse prevention • Specific drugs/substances • Co-occurring disorders • Cultural healing practices • Resilience • Concurrent disorders • Healthy lifestyle/life coaching topics • Healthy parenting • LGBTQ issues • Addictions-Related health issues • Alternative healing practices 	
NOTE ON EDUCATION/TRAINING		
<p>The required training hours may be acquired through university or college education programs, through more informal training offered by a range of training providers, including independent trainers. This training may be delivered in a variety of formats (programs, courses, workshops, seminars, webinars) and venues (class setting, in-house, online, conferences). ICBOC also accepts training hours acquired through alternative forms of learning/training.</p> <p>All training hours must be supported by proof of attendance/completion. This includes transcripts, certificates and affidavits/declarations by qualified persons. Certificates must clearly bear the name of the provider, the title of the training, number of hours, date(s) of training and signature of the provider/trainer.</p> <p>Declarations/affidavits must be written on the employer letterhead, include the title of the training, number of hours, date(s) of training and signature of the provider/trainer and bear the name of the qualified person, his/her signature, and telephone or other contact information.</p>		