

**SUMMARY OF STANDARDS AND REQUIREMENTS
CERTIFIED INDIGENOUS ATTENDANT IN RESIDENTIAL ADDICTION SERVICES (CIARAS)**

Education	Completion of secondary school or other studies at higher level	
Experience	<p>Five hundred hours (6 months) of work experience or practice in direct helping/counselling support services to clients affected by addictions or mental issues. and that can be accumulated in the following manner:</p> <ul style="list-style-type: none"> • Paid work experience in the current position and in remunerated previous occupations providing services similar to the current employment • Experience acquired by means of a practicum/internship/placement, undertaken as part of a program of studies • Proven experience as a volunteer providing services similar to the current employment (to a maximum of 100 hours) <p>Please note that this certification is not available for administrative positions.</p>	500 hrs
Education or Training 170 hours minimum	Core Addiction and Mental Wellness topics	45 hrs
	• Introduction to Addictions	7
	• Introduction to Mental Wellness	7
	• Pharmacology	6
	• Human Development	5
	• Addiction Interventions	6
	• Self, Health and Wellness	8
	• Ethics/cultural values	6
	Counselling (One-on-one, group, family counselling, Counselling approaches/technique)	5 hrs
	Addiction and Mental Wellness-Related topics (See list of topics on page 2)	20 hrs
Knowledge/Skills in Support of Professional Practice	40 hrs	
Cultural Knowledge and Skills	30 hrs	
Supervisor's Evaluation Maximum score points 260	<ul style="list-style-type: none"> • Core knowledge in Addiction-specific topics • General Knowledge • Knowledge/Skills in Support of Professional Practice • Knowledge and skills in the 7 Core Functions of a CIARAS • Cultural competencies • Professional integrity 	70%
Practicum	Practice hours can be counted as hours of work experience (Practicum report must be submitted)	
KNOWLEDGE/SKILLS IN SUPPORT OF PROFESSIONAL PRACTICE		40 hrs
• Communication		10
• Conflict resolution		6
• Group Facilitation		4
• Safety Skills (First Aid, WHIMIS, infection control, food safe etc...)		20
7 CORE FUNCTIONS OF A CIARAS		120 hrs
• Brief Intervention/counselling		20
• Client care		20
• Client monitoring		20
• Client orientation		8
• Crisis intervention		20
• Report and record keeping		12
• Team work		20

CULTURAL KNOWLEDGE AND SKILLS		30 hrs
Cultural/traditional knowledge and skills acquired through formal or informal education, or training/learning context of working with/treating a client, focused on topics specific to Aboriginal culture, traditions, socio-historical issues.		10
Residential school issues and/or decolonization		10
Sixties Scoop		5
Jordan's Principle		5
ADDICTION AND MENTAL WELLNESS-RELATED TOPICS (list not exhaustive)		
<ul style="list-style-type: none"> • Grief work • FASD • Mental health • Residential School & Intergenerational Trauma • Aboriginal & Western therapeutic Approaches • Philosophies & theories - Aboriginal healing practices • HIV/AIDS • STDs • Indigenous & mainstream approaches to self-care and wellness • Neurological aspects of addictions • Nutrition and Alcohol and drug addictions • Diabetes 	<ul style="list-style-type: none"> • Trauma work • Suicide • Relapse prevention • Specific drugs/substances • Co-occurring disorders • Cultural healing practices • Resilience • Concurrent disorders • Healthy lifestyle/life coaching topics • Healthy parenting • LGBTQ issues • Addictions-Related health issues • Alternative healing practices 	
NOTE ON EDUCATION/TRAINING		
<p>The required training hours may be acquired through university or college education programs, through more informal training offered by a range of training providers, including independent trainers. This training may be delivered in a variety of formats (programs, courses, workshops, seminars, webinars) and venues (class setting, in-house, online, conferences). ICBOC also accepts training hours acquired through alternative forms of learning/training.</p> <p>All training hours must be supported by proof of attendance/completion. This includes transcripts, certificates and affidavits/declarations by qualified persons. Certificates must clearly bear the name of the provider, the title of the training, number of hours, date(s) of training and signature of the provider/trainer.</p> <p>Declarations/affidavits must be written on the employer letterhead, include the title of the training, number of hours, date(s) of training and signature of the provider/trainer and bear the name of the qualified person, his/her signature, and telephone or other contact information.</p>		