

**SUMMARY OF STANDARDS AND REQUIREMENTS
CERTIFIED INDIGENOUS ADDICTIONS SPECIALIST LEVEL I (CIAS I)**

Education	Completion of a diploma in the social or behavioural sciences* or a certificate with integrated or additional formal or informal training/education in addictions OR portfolio of training (formal or informal) that reflects the requirements of this certification (*human services, counseling psychology, social work, psychology or other relevant field.)	HOURS
Experience	One (1) year full time paid work experience in an Aboriginal addiction treatment setting (Community-based or Treatment centre). PLAR: ICBOC will determine applicants' length of previous work experience in positions similar to their current one. Documents might be required Please note that this certification is not available for administrative positions	2000
Education - Training Minimum 450 hours	Core Knowledge and Skills in Addictions and Wellness	170 hours
	Models and theories on addictions	20
	Physiological aspects of addictions	20
	Psychological dependencies and complications	20
	Pharmacology	15
	Human development	20
	Addiction Interventions	20
	Self care, Health and Wellness	20
	Ethics	15
	Wellness promotion and prevention	20
	Counselling knowledge and skills	60
	General knowledge and skills in support of professional practice	50
	Cultural knowledge and skills	50
	Knowledge in the 11 core functions of an Addiction Specialist	90
	Related knowledge and skills - addictions and mental wellness	30
Supervisor's Evaluation Minimum scores	<ul style="list-style-type: none"> • Core Knowledge in addictions and mental wellness • Related Knowledge in addictions and mental wellness • General Knowledge • Knowledge and skills in the 12 core functions of a CIAS III 	70%
	Cultural competencies <ul style="list-style-type: none"> - Knowledge of cultural healing approaches to addictions and mental wellness Professional Integrity <ul style="list-style-type: none"> - Professional attitude - Professional conduct 	80%
Practicum	Some hours of training in the 12 core functions can be counted (must submit Practicum Report)	
	Counselling knowledge and skills (Minimum of 7 hours per topic)	60 hrs
	• One-on-one, group, couple, youth, family counselling	20
	• Counselling process	10
	• Counselling theories	10
	• Types of therapies	20
	Knowledge and skills in support of professional practice	50 hrs
	• Communication	20
	• Interviewing techniques	10
	• Conflict Management (resolution/mediation)	5
	• Clients Safety	5
	• Indigenous language skills	10

Cultural Knowledge and Skills		50 hrs
Cultural/traditional knowledge on topics specific to Aboriginal culture and/or history, acquired through formal or informal training or through activities pursued in the context of working with/treating a client, including knowledge and ability to communicate with clients in an Aboriginal language		30
Residential school issues and/or decolonization		10
Sixties Scoop		5
Jordan's Principle		5
Knowledge and Practice In the 11 Core Functions of a CIAS I		90 hrs
• Screening		5
• Intake		5
• Assessment		10
• Client Orientation		5
• Treatment Planning		10
• Knowledge Building		10
• Case Management		10
• Referral		10
• Crisis Management		5
• Reports and Record Keeping		10
• Teamwork		10
Related Knowledge and Skills - Addictions and Mental Wellness (list not exhaustive)		30 hrs
• Minimum 1 hour in any given subject (proof of education/training is required)		
<ul style="list-style-type: none"> Grief work FASD Suicide Depression Trauma PTSD HIV/AIDS STDs Mental health Concurrent disorders Healthy nutrition Indigenous medicines Medicine Wheel Burnout Self-care and wellness Resilience 	<ul style="list-style-type: none"> Forms of addictions Specific drugs/substances Epidemiology of Addictions Relapse prevention Concurrent disorders LGBT issues Indigenous traditional lifestyles Holistic healing Workplace harassment Domestic violence Lateral violence Lateral kindness Healthy parenting Traditional teachings Emotional Intelligence Life coaching topics 	<ul style="list-style-type: none"> Indigenous traditional healing practices Healing and Humour Healing through songs Healing through traditional craft-making Healing on the land Story telling Traditional games Country food Traditional art Decolonization Gambling addiction Internet addiction Sexual addiction Alcohol addiction and diabetes Addiction and the brain
Cultural And Professional Competencies (must represent 80% of Supervisor's Evaluation Score)		
Cultural competencies		
<ul style="list-style-type: none"> Knowledge of cultural healing approaches to addictions and mental wellness Indigenous language skills 		
Professional Integrity		
<ul style="list-style-type: none"> Professional attitude Professional conduct 		
NOTE: EDUCATION/TRAINING		
The required addictions-specific and addictions related hours may be acquired through formal education programs at university or college level or through more informal training in a variety of formats, offered by independent trainers, training organisations or through alternative means recognized by ICBOC.		

