

**SUMMARY OF STANDARDS AND REQUIREMENTS
CERTIFIED INDIGENOUS ADDICTIONS SPECIALIST LEVEL III (CIAS III)**

Education	Completion of a graduate degree in the social or behavioural sciences* or a degree with integrated or additional formal or informal training/education in addictions OR portfolio of training (formal or informal) that reflects the requirements of this certification (*human services, counseling psychology, social work, psychology or other relevant field.)	HOURS
Experience	Five (5) years full time paid work experience in an Aboriginal addiction treatment setting (Community-based or Treatment centre). PLAR: ICBOC will determine applicants' length of previous work experience in positions similar to their current one. Documents might be required Please note that this certification is not available for administrative positions	10 000
Education - Training Minimum 800 hours	Core Knowledge and Skills in Addictions and Wellness	300 hours
	Models and theories on addictions	40
	Physiological aspects of addictions	30
	Psychological dependencies and complications	30
	Pharmacology	30
	Human development	30
	Addiction Interventions	40
	Self care, Health and Wellness	30
	Ethics	30
	Wellness promotion and prevention	40
	Counselling knowledge and skills	130
	General knowledge and skills in support of professional practice	110
	Cultural knowledge and skills	90
	Knowledge in the 11 core functions of an Addiction Specialist	110
	Related knowledge and skills - addictions and mental wellness	60
Supervisor's Evaluation Minimum scores	<ul style="list-style-type: none"> • Core Knowledge in addictions and mental wellness • Related Knowledge in addictions and mental wellness • General Knowledge • Knowledge and skills in the 12 core functions of a CIAS III 	70%
	Cultural competencies <ul style="list-style-type: none"> - Knowledge of cultural healing approaches to addictions and mental wellness Professional Integrity <ul style="list-style-type: none"> - Professional attitude - Professional conduct 	80%
Practicum	Some hours of training in the 12 core functions can be counted (must submit Practicum Report)	
	Counselling knowledge and skills	130 hrs
	• One-on-one, family, group, couple, youth	30
	• Counselling process	20
	• Counselling theories	40
	• Types of therapies	40
	Knowledge and skills in support of professional practice	110 hrs
	• Communication	40
	• Interviewing techniques	20
	• Conflict Management (resolution/mediation)	15
	• Clients Safety	15
	• Indigenous language skills	20

Cultural Knowledge and Skills		90 hrs
Cultural/traditional knowledge on topics specific to Aboriginal culture and/or history, acquired through formal or informal training or through activities pursued in the context of working with/treating a client, including knowledge and ability to communicate with clients in an Aboriginal language		60
Residential school issues and/or decolonization		15
Sixties Scoop		5
Jordan's Principle		10
Knowledge and Practice In the 11 Core Functions of a CIAS I		110 hrs
• Screening		10
• Intake		10
• Assessment		10
• Client Orientation		10
• Treatment Planning		10
• Knowledge Building		10
• Case Management		10
• Referral		10
• Crisis Management		10
• Reports and Record Keeping		10
• Teamwork		10
Related Knowledge and Skills - Addictions and Mental Wellness (list not exhaustive)		60 hrs
• Minimum 1 hour in any given subject (proof of education/training is required)		
<ul style="list-style-type: none"> • Grief work • FASD • Suicide • Depression • Trauma • PTSD • HIV/AIDS • STDs • Mental health • Concurrent disorders • Healthy nutrition • Indigenous medicines • Medicine Wheel • Burnout • Self-care and wellness • Resilience 	<ul style="list-style-type: none"> • Forms of addictions • Specific drugs/substances • Epidemiology of Addictions • Relapse prevention • Concurrent disorders • LGBT issues • Indigenous traditional lifestyles • Holistic healing • Workplace harassment • Domestic violence • Lateral violence • Lateral kindness • Healthy parenting • Traditional teachings • Emotional Intelligence • Life coaching topics 	<ul style="list-style-type: none"> • Indigenous traditional healing practices • Healing and Humour • Healing through songs • Healing through traditional craft-making • Healing on the land • Story telling • Traditional games • Country food • Traditional art • Decolonization • Gambling addiction • Internet addiction • Sexual addiction • Alcohol addiction and diabetes • Addiction and the brain
Cultural And Professional Competencies (must represent 80% of Supervisor's Evaluation Score)		
Cultural competencies <ul style="list-style-type: none"> - Knowledge of cultural healing approaches to addictions and mental wellness - Indigenous language skills Professional Integrity <ul style="list-style-type: none"> - Professional attitude - Professional conduct 		
NOTE: EDUCATION/TRAINING The required addictions-specific and addictions related hours may be acquired through formal education programs at university or college level or through more informal training in a variety of formats, offered by independent trainers, training organisations or through alternative means recognized by ICBOC.		