

**SUMMARY OF STANDARDS AND REQUIREMENTS  
CERTIFIED INDIGENOUS CLIENT SUPPORT ADDICTION WORKER (CICSAW)**

<b>Education</b>	Completion of Secondary school or other studies at higher level that include courses in the required education/training for this certification	<b>Hours</b>	
<b>Experience</b>	<p>Five hundred hours (6 months) of work experience or practice in direct helping/counselling support services to clients affected by addictions or mental issues. and that can be accumulated in the following manner:</p> <ul style="list-style-type: none"> <li>• Paid work experience in the current position and in remunerated previous occupations providing services similar to the current employment</li> <li>• Experience acquired by means of a practicum/internship/placement, undertaken as part of a program of studies</li> <li>• Proven experience as a volunteer providing services similar to the current employment (to a maximum of 100 hours)</li> </ul> <p><b>Please note that this certification is not available for administrative positions.</b></p>	<b>500</b>	
<b>Education or Training</b>	<b>Core Addiction and Mental Wellness topics</b>	<b>Hrs</b>	<b>Hours</b>
	Forms of addictions including substance, solvents, and process addictions	10	<b>50</b>
	Signs and symptoms of addiction including physical and psychological aspects	6	
	Risk factors and protective factors	4	
	Treatment approaches to addiction	6	
	Effects of addiction on the individual and the family	4	
	Basic mental health concepts and issues	10	
	Cultural concepts that support mental wellness (individual, community, family)	10	
	<b>Counselling</b> One-on-one, group, family counselling, Counselling approaches/techniques		<b>10</b>
	<b>Addiction and Mental Wellness-Related topics</b>		<b>Hours</b>
	• See list of topics on page 2		<b>60</b>
	<b>Knowledge/Skills in Support of Professional Practice</b>	<b>Hrs</b>	<b>Hours</b>
	Interpersonal communications	10	<b>60</b>
	Motivational Interviewing	6	
	Pharmacology	6	
	Brief intervention/basic counselling	10	
	Conflict Resolution	6	
	Self-care	6	
	Safety and security issues and topics	10	
	Professional Ethics	6	
<b>Cultural Knowledge and Skills</b>		<b>Hours</b>	
Cultural/traditional knowledge and skills acquired through formal or informal education, or training/learning context of working with/treating a client, focused on topics specific to Aboriginal culture, traditions, socio-historical issues.		<b>30</b>	
<b>Training in the 8 core functions</b>	<b>Hrs</b>	<b>Hours</b>	
Primary screening/Assessment	5	<b>40</b>	
Care planning	5		
Care facilitation	5		
Client supervision and support	5		
Client engagement	5		
Referral	5		
Client education	5		
Team work	5		

**NOTE ON EDUCATION/TRAINING**

The required training hours may be acquired through university or college education programs, informal training offered by a range of training providers, including independent trainers. This training may be delivered in a variety of formats (programs, courses, workshops, seminars, webinars) and venues (class setting, in-house, online, conferences). ICBOC also accepts training hours acquired through alternative forms of learning/training. All training hours must be supported by proof of attendance/completion. This includes transcripts, certificates and affidavits/declarations by qualified persons. Certificates must clearly bear the name of the provider, the title of the training, number of hours, date(s) of training and signature of the provider/trainer. Declarations/affidavits must be written on the employer letterhead, include the title of the training, number of hours, date(s) of training and signature of the provider/trainer and bear the name of the qualified person, his/her signature, and telephone or other contact information.

**INDIGENOUS CERTIFICATION BOARD OF CANADA**

Certified Indigenous Attendant in Residential Addiction Services – Summary of Standards and Requirements – 2019-2020 Edition

SUPERVISOR'S EVALUATION						
<b>Supervisor's Evaluation</b>  <b>Maximum score points 260</b>  <b>Percentage required 70%</b>	<b>Counselling</b>	<b>20%</b>	<b>Care/wellness activity planning</b>	<b>30%</b>	<b>Client supervision/support</b>	<b>20%</b>
	<b>Evaluation areas</b>					<b>Maximum Scores</b>
	Introduction to Addictions					<b>20</b>
	Introduction to Mental Wellness					<b>20</b>
	Knowledge/Skills in Support of Professional Practice					<b>80</b>
	Knowledge and skills in the 8 Core Functions of a CICSAW				<b>Scores</b>	<b>160</b>
	Primary screening/Assessment				20	
	Care planning				20	
	Care facilitation				20	
	Client supervision and support				20	
	Client engagement				20	
	Referral				20	
	Client education				20	
	Teamwork				20	
	Cultural competencies					<b>20</b>
Professional integrity					<b>20</b>	
<b>Addiction and Mental Wellness-Related topics (list not exhaustive)</b>						
<ul style="list-style-type: none"> <li>Grief work</li> <li>FASD</li> <li>Mental health</li> <li>Residential School &amp; Intergenerational Trauma</li> <li>Aboriginal &amp; Western therapeutic Approaches</li> <li>Philosophies &amp; theories - Aboriginal healing practices</li> <li>HIV/AIDS</li> <li>STDs</li> <li>Indigenous &amp; mainstream approaches to self-care and wellness</li> <li>Neurological aspects of addictions</li> <li>Nutrition and Alcohol and drug addictions</li> <li>Diabetes</li> </ul>			<ul style="list-style-type: none"> <li>Trauma work</li> <li>Suicide</li> <li>Relapse prevention</li> <li>Specific drugs/substances</li> <li>Co-occurring disorders</li> <li>Cultural healing practices</li> <li>Resilience</li> <li>Concurrent disorders</li> <li>Healthy lifestyle/life coaching topics</li> <li>Healthy parenting</li> <li>LGBTQ issues</li> <li>Addictions-Related health issues</li> <li>Alternative healing practices</li> </ul>			