

**SUMMARY OF STANDARDS AND REQUIREMENTS  
CERTIFIED INDIGENOUS ATTENDANT IN RESIDENTIAL ADDICTION SERVICES (CIARAS)**

<b>Education</b>	Completion of secondary school or other studies at higher level	<b>Hours</b>	
<b>Experience</b>	<p>Five hundred hours (6 months) of work experience or practice in direct helping/counselling support services to clients affected by addictions or mental issues. and that can be accumulated in the following manner:</p> <ul style="list-style-type: none"> <li>• Paid work experience in the current position and in remunerated previous occupations providing services similar to the current employment</li> <li>• Experience acquired by means of a practicum/internship/placement, undertaken as part of a program of studies</li> <li>• Proven experience as a volunteer providing services similar to the current employment (to a maximum of 100 hours)</li> </ul> <p><b>Please note that this certification is not available for administrative positions.</b></p>	<b>500</b>	
<b>Education or Training</b>  <b>170 hours minimum</b>	<b>Core Addiction and Mental Wellness topics</b>	<b>Hrs</b>	<b>Hours</b>
	Introduction to Addictions	7	<b>45</b>
	Introduction to Mental Wellness	7	
	Pharmacology	6	
	Human Development	5	
	Addiction Interventions	6	
	Self, Health and Wellness	8	
	Ethics/cultural values	6	
	<b>Counselling</b> One-on-one, group, family counselling, Counselling approaches/techniques		<b>5</b>
	<b>Addiction and Mental Wellness-Related topics</b>		<b>Hours</b>
	• See list of topics on page 2		<b>20</b>
	<b>Knowledge/Skills in Support of Professional Practice</b>	<b>Hrs</b>	<b>Hours</b>
	Communication	10	<b>40</b>
	Conflict resolution	6	
	Group Facilitation	4	
	Safety Skills (First Aid, WHIMIS, infection control, food safe etc...)	20	
	<b>Cultural Knowledge and Skills</b>		<b>Hours</b>
Cultural/traditional knowledge and skills acquired through formal or informal education, or training/learning context of working with/treating a client, focused on topics specific to Aboriginal culture, traditions, socio-historical issues.		<b>30</b>	
<b>Training in the 7 core functions</b>	<b>Hrs</b>	<b>Hours</b>	
Brief Intervention/counselling	5	<b>30</b>	
Client care	4		
Client monitoring	4		
Client orientation	4		
Crisis intervention	5		
Report and record keeping	4		
Team work	4		

**NOTE ON EDUCATION/TRAINING**

The required training hours may be acquired through university or college education programs, through more informal training offered by a range of training providers, including independent trainers. This training may be delivered in a variety of formats (programs, courses, workshops, seminars, webinars) and venues (class setting, in-house, online, conferences). ICBOC also accepts training hours acquired through alternative forms of learning/training.

All training hours must be supported by proof of attendance/completion. This includes transcripts, certificates and affidavits/declarations by qualified persons. Certificates must clearly bear the name of the provider, the title of the training, number of hours, date(s) of training and signature of the provider/trainer.

Declarations/affidavits must be written on the employer letterhead, include the title of the training, number of hours, date(s) of training and signature of the provider/trainer and bear the name of the qualified person, his/her signature, and telephone or other contact information.

SUPERVISOR'S EVALUATION							
<b>Supervisor's Evaluation</b>  <b>Maximum score points 260</b>  <b>Percentage required 70%</b>	Brief Counselling	20%	Client Safety	30%	Crisis Intervention	30%	
	<b>Evaluation areas</b>					<b>Maximum Scores</b>	
	Core Addiction-specific topics					20	
	Addiction and Mental Wellness-Related topics					20	
	Knowledge/Skills in Support of Professional Practice					60	
	Knowledge and skills in the 7 Core Functions of a CIARAS				<b>Scores</b>	120	
	Brief Intervention/counselling				20		
	Client care				20		
	Client monitoring				20		
	Client orientation				8		
	Crisis intervention				20		
	Report and record keeping				12		
	Team work				20		
	Cultural competencies					20	
Professional integrity					20		
<b>Addiction and Mental Wellness-Related topics (list not exhaustive)</b>							
<ul style="list-style-type: none"> <li>Grief work</li> <li>FASD</li> <li>Mental health</li> <li>Residential School &amp; Intergenerational Trauma</li> <li>Aboriginal &amp; Western therapeutic Approaches</li> <li>Philosophies &amp; theories - Aboriginal healing practices</li> <li>HIV/AIDS</li> <li>STDs</li> <li>Indigenous &amp; mainstream approaches to self-care and wellness</li> <li>Neurological aspects of addictions</li> <li>Nutrition and Alcohol and drug addictions</li> <li>Diabetes</li> </ul>			<ul style="list-style-type: none"> <li>Trauma work</li> <li>Suicide</li> <li>Relapse prevention</li> <li>Specific drugs/substances</li> <li>Co-occurring disorders</li> <li>Cultural healing practices</li> <li>Resilience</li> <li>Concurrent disorders</li> <li>Healthy lifestyle/life coaching topics</li> <li>Healthy parenting</li> <li>LGBTQ issues</li> <li>Addictions-Related health issues</li> <li>Alternative healing practices</li> </ul>				