

SUMMARY OF STANDARDS AND REQUIREMENTS CERTIFIED INDIGENOUS WELLNESS AND ADDICTIONS WORKER (CIWAW)		
Education	Completion of a secondary school or other studies at higher level in the helping field, with integrated or additional formal or informal training/education in addictions OR portfolio of training (formal or informal) that reflects the requirements of this certification.	HOURS
Experience	One (1) year minimum of helping experience or practice in substance use disorders and/or mental wellness, that can be accumulated in the following ways: <ul style="list-style-type: none"> • Paid work experience in current and previous employment providing services similar to the current employment • Experience acquired by means of a practicum/internship/placement, undertaken as part of a program of studies • Proven experience as a volunteer providing services similar to the current employment (to a maximum of 100 hours) 	2000
Education - Training Minimum 330 hours	Core Knowledge and Skills in Addictions	105
	• Introduction to addictions	14
	• Physiological aspects of addictions	14
	• Psychological dependencies and complications	14
	• Pharmacology	7
	• Human development	7
	• Addiction Interventions	14
	• Self care, Health and Wellness	14
	• Ethics	7
	• Health promotion and prevention	14
	Related knowledge and skills - addictions and mental wellness	20
	Counselling knowledge and skills	40
	General knowledge and skills in support of professional practice	35
	Cultural Knowledge	50
	Knowledge in the 12 core functions of a Wellness and Addiction Worker	80
Supervisor's Evaluation Minimum score	<ul style="list-style-type: none"> • Core Knowledge in addictions and mental wellness • Related Knowledge in addictions and mental wellness • General Knowledge • Knowledge and skills in the 12 core functions of a CIAS III • Cultural competencies • Professional attitude • Professional ethics 	70%
Practicum	Some hours of training in the 12 core functions can be counted (must submit Practicum Report)	
Related Knowledge and Skills - Addictions and Mental Wellness (list not exhaustive) • Minimum 1 hour in any given subject, (proof of education/training is required)		20 hrs
<ul style="list-style-type: none"> • Grief work • FASD • Suicide • Trauma • PTSD • HIV/AIDS • Mental health • Healthy nutrition • Indigenous medicines • Medicine Wheel • Self-care and wellness • Resilience 	<ul style="list-style-type: none"> • Specific drugs/substances • Relapse prevention • Life coaching • LGBT issues • Residential Schools • Indigenous traditional lifestyles • Holistic healing • Workplace harassment • Domestic violence • Lateral violence • Lateral kindness • Healthy parenting 	<ul style="list-style-type: none"> • Indigenous traditional healing practices • Healing and Humour • Healing through songs, games, art • Healing through traditional craft-making • Healing on the land • Story telling • Country food • Decolonization • Gambling and other types of addictions • Alcohol addiction and diabetes • Addiction and the brain • Traditional teachings

Counselling knowledge and skills (Minimum of 7 hours per topic)	40 hrs
<ul style="list-style-type: none"> • One-on-one, group, couple, Youth, family counselling, • Counselling process • Counselling theories/types of therapies 	
Knowledge and skills in support of professional practice	35 hrs
• Communication	21
• Interviewing Skills	7
• Clients Safety	7
Cultural knowledge	50 hrs
Cultural/traditional knowledge on topics specific to Aboriginal culture, traditions and/or history, acquired through formal or informal training or through activities pursued in the context of working with/treating a client, including knowledge and ability to communicate with clients in an Aboriginal language	
Knowledge and practice in the 12 core functions of a CIAS I	80 hrs
• Screening	7
• Intake	6
• Assessment	7
• Client Orientation	5
• Treatment Planning	8
• Knowledge Building	5
• Counselling	8
• Case Management	7
• Referral	7
• Crisis Management	6
• Reports and Record Keeping	6
• Teamwork	8
CULTURAL AND PROFESSIONAL COMPETENCIES	
Cultural competencies <ul style="list-style-type: none"> - Knowledge of cultural approaches to addition and mental wellness - Indigenous language skills Professional competencies <ul style="list-style-type: none"> - Professional attitude - Professional conduct 	
NOTE: EDUCATION/TRAINING The required addictions-specific and addictions related hours may be acquired through formal education programs at university or college level or through more informal training in a variety of formats, offered by independent trainers, training organisations or through alternative means recognized by ICBOC.	