SUMMARY OF STANDARDS AND REQUIREMENTS
CERTIFIED INDIGENOUS ADDICTIONS SPECIALIST LEVEL II (CIAS II)

Education	Completion of a diploma or associate degree in the social or behavioural sciences* with integrated or additional formal or informal training/education in addictions **OR** portfolio of training (formal or informal) that reflects the requirements of this certification (*human services, counseling psychology, social work, psychology or other relevant field.)	**HOURS**
Experience	Three (3) year full time paid work experience in an Aboriginal addiction treatment setting (Community-based or Treatment centre).	**6000**
Education - Training **Minimum** **550 hours**	**Core Knowledge and Skills in Addictions**	**224**
	• Models and theories on addictions	28
	• Physiological aspects of addictions	14
	• Psychological dependencies and complications	28
	• Pharmacology	21
	• Human development	21
	• Addiction Interventions	28
	• Self care, Health and Wellness	28
	• Ethics	28
	• Health promotion and prevention	28
	Related knowledge and skills - addictions and mental wellness	**35**
	Counselling knowledge and skills	**56**
	General knowledge and skills in support of professional practice	**63**
	Cultural Knowledge	**72**
	Knowledge in the 12 core functions of an Addiction Specialist	**100**
Supervisor's Evaluation **Minimum score**	• Core Knowledge in addictions and mental wellness • Related Knowledge in addictions and mental wellness • General Knowledge • Knowledge and skills in the 12 core functions of a CIAS III • Cultural competencies • Professional attitude • Professional ethics	**80%**
Practicum	Some hours of training in the 12 core functions can be counted (must submit Practicum Report)	

Related Knowledge and Skills - Addictions and Mental Wellness (list not exhaustive) — **35 hrs**

- **Minimum 1 hour in any given subject, (proof of education/training is required)**

• Grief work	• Forms of addictions	• Indigenous traditional healing practices
• FASD	• Specific drugs/substances	• Healing and Humour
• Suicide	• Epidemiology of Addictions	• Healing through songs
• Depression	• Relapse prevention	• Healing through traditional craft-making
• Trauma	• Concurrent disorders	• Healing on the land
• PTSD	• Life coaching topics	• Story telling
• HIV/AIDS	• LGBT issues	• Traditional games
• STDs	• Residential School	• Country food
• Mental health	• Indigenous traditional lifestyles	• Traditional art
• Concurrent disorders	• Holistic healing	• Residential schools
• Healthy nutrition	• Workplace harassment	• Decolonization
• Indigenous medicines	• Domestic violence	• Gambling addiction
• Medicine Wheel	• Lateral violence	• Internet addiction
• Burnout	• Lateral kindness	• Sexual addiction
• Self-care and wellness	• Healthy parenting	• Alcohol addiction and diabetes
• Resilience	• Traditional teachings	• Addiction and the brain

Counselling knowledge and skills (Minimum of 7 hours per topic)	56 hrs
• One-on-one, group, couple, Youth, family counselling, • Counselling process • Counselling theories/types of therapies	
Knowledge and skills in support of professional practice	**63 hrs**
• Communication	28
• Interviewing Skills	14
• Conflict Management (resolution/mediation)	14
• Clients Safety	7
Cultural knowledge	**72 hrs**
Cultural/traditional knowledge on topics specific to Aboriginal culture, traditions and/or history, acquired through formal or informal training or through activities pursued in the context of working with/treating a client, including knowledge and ability to communicate with clients in an Aboriginal language	
Knowledge and practice in the 12 core functions of a CIAS III	**100 hrs**
• Screening	8
• Intake	8
• Assessment	9
• Client Orientation	7
• Treatment Planning	10
• Knowledge Building	7
• Counselling	10
• Case Management	10
• Referral	8
• Crisis Management	7
• Reports and Record Keeping	7
• Teamwork	9
CULTURAL AND PROFESSIONAL COMPETENCIES	
Cultural competencies - Knowledge of cultural approaches to addictions and mental wellness - Indigenous language skills **Professional competencies** - Professional attitude - Professional conduct	
NOTE: EDUCATION/TRAINING The required addictions-specific and addictions related hours may be acquired through formal education programs at university or college level or through more informal training in a variety of formats, offered by independent trainers, training organisations or through alternative means recognized by ICBOC.	