SUMMARY OF STANDARDS AND REQUIREMENTS CERTIFIED INDIGENOUS SPECIALISTS (mental health, wellness or addictions) Level IV FASD Specialization (CIAS IV-FASD) Work experience This Certification is available to applicants who can demonstrate recent remunerated work experience in treating clients with FASD, in a residential or community-based setting for at least six months (1000 hours) and demonstrate at least 3 years of previous experience in the wellness/addictions field. It is also available to applicants who are already certified with ICBOC as Indigenous Certified Specialists (Mental health, wellness or adductions) at level III (ICAS III), provided they demonstrate at least 350 hours (equivalent to 10 weeks) of direct services to clients with FASD and their family (either as part of an applicant's current work responsibilities or through verified volunteer work or both) Level of education Level III accepted or a combination of academic qualifications, experience and training Education/training Specific to FASD with a focus on Indigenous perspectives 80 hrs. min Socio-historical background 10 Introduction to FASD 10 Effect of alcohol on embryo and the fetus 10 Identification and diagnostic criteria 10 Interventions/Treatment strategies for working with clients with FASD 10 Prevention and outreach 10 Continuing Care of Families Affected by FASD 10 Ethical, legal, and policy issues related to FASD (Aboriginal focus) 10 **Education/training related to FASD** 20 hrs. min. (one or a combination of the topics below - list is not exhaustive) Fetal Alcohol Exposure, FAS, FAE, pFAS and ARND **Brain-Based Teaching Methods** Social Skills and Behaviors New trends in FASD treatment Trauma and FASD Families and FASD Child abuse and FASD Receptive Language Development Examples of community-based approaches to FASD Music FASD and Life Skills for Success and FASD FASD-related grief and loss Genetics and FASD FASD and co-occurring disorders Screening and diagnostic tools FASD and other neurodevelopmental conditions Special counselling techniques and approaches 10 hrs. min. Motivational interviewing (6 hours minimum) Any other technique & approach relevant to FASD Demonstrated expertise (applicant must submit two documents) A research or position paper (2000 to 3000 words) OR 1 day workshop/course AND A case study/intervention narrative (1000 to 2000 words) drawn from first-hand experience • **Evaluation of competencies related to FASD** Supervisor's score Communication Screening and diagnosis 70% minimum Referral Intervention Community mobilization & education Family outreach Prevention ٠ Cultural approaches Professional integrity ٠ **Recertification requirements** Every two years, 40 hours of new training on topics related to FASD (10 hours of specialization-specific education +

20 hours of specialization-related related education)

Certified Indigenous Addictions Specialist Level IV – FASD Specialization - Certification Requirements - 2019 Edition