

<b>SUMMARY OF STANDARDS AND REQUIREMENTS</b>	
<b>CERTIFIED INDIGENOUS SPECIALIST (mental health, wellness or addictions) Level IV</b>	
<b>Concurrent Disorders Specialization (CIAS IV-COD)</b>	
<b>Work experience</b>	
<ul style="list-style-type: none"> <li>This Certification is available to applicants who can demonstrate recent remunerated work experience in treating clients presenting a co-occurring substance use and mental health disorder, within a residential or community-based setting for at least six months (1000 hours) <b>and</b> demonstrate at least 3 years of previous experience in the wellness/addictions field.</li> <li>It is also available to applicants who are already certified with ICBOC as Indigenous Certified Specialists (Mental health, wellness or addictions) at level III (ICAS III), provided they demonstrate at least <b>350 hours</b> (equivalent to 10 weeks) of direct services to clients with concurrent disorders and their family (either as part of an applicant's current work responsibilities or through verified volunteer work or both)</li> </ul>	
<b>Level of education</b>	Level III accepted or a combination of academic qualifications, experience and training
<b>Education/training Specific to Concurrent Disorders with a focus on Indigenous perspective</b>	<b>80 hrs. min.</b>
Introduction to Concurrent Disorders	<b>10</b>
Issues and Techniques in the Screening and Assessment of Concurrent Disorders	<b>10</b>
Strategies for Working with Clients with Concurrent Disorders	<b>10</b>
Treatment of Concurrent Disorders	<b>10</b>
Relapse Prevention	<b>10</b>
Referral and Care Support for Clients with Concurrent Disorders	<b>10</b>
Concurrent Disorders and the Family	<b>10</b>
Concurrent Disorders - Professional issues and ethics	<b>10</b>
<b>Education/training related to Concurrent Disorders</b> (one or a combination of topics below - list is not exhaustive or in order of priority)	<b>20 hrs. min.</b>
Best Practices - Concurrent Disorders	Trauma
Attitudes and stigma and concurrent disorders	Concurrent Disorders across lifespan, gender or sexual orientation
Integrated treatment of concurrent disorders	Specific Concurrent Disorders and cross-cutting issues (ex.
Screening and assessment tools	attention deficit, hyperactivity, PTSD, eating disorders, problem
Stages of change	gambling, nicotine dependence, suicidality)
Mutual self-help programs	Any topics related to addictions and mental health
DBT for clients with concurrent disorders	Topics related to traditional healing/Indigenous history
<b>Special Counselling Techniques and approaches</b>	<b>10 hrs. min.</b>
Motivational Interviewing (6 hours minimum)	
Any other counselling technique & approach relevant to Concurrent disorders	
<b>Demonstrated expertise</b> (applicant must submit two documents)	
<ul style="list-style-type: none"> <li>A research or position paper (2000 to 3000 words) <b>OR</b> 1 day workshop/course <b>AND</b></li> <li>A case study/intervention narrative (1000 to 2000 words) drawn from first-hand experience</li> </ul>	
<b>Evaluation of competencies related to concurrent disorders</b>	<b>Supervisor's score</b>
<ul style="list-style-type: none"> <li>Communication</li> <li>Knowledge of Concurrent Disorders</li> <li>Screening and Assessment</li> <li>Client-Counsellor Relationship</li> <li>Treatment</li> <li>Relapse Prevention</li> <li>Crisis Management</li> <li>Care Support</li> <li>Professional Issues</li> </ul>	70% minimum
<b>Recertification requirements</b>	
Every two years, 40 hours of new training on topics related to COD (10 hours of specialization-specific education + 20 hours of specialization-related related education)	