

SUMMARY OF STANDARDS AND REQUIREMENTS CERTIFIED INDIGENOUS WELLNESS AND ADDICTIONS WORKER (CIWAW)		
<b>Education</b>	Completion of Secondary school or other studies at higher level	<b>Hours</b>
<b>Experience</b>	one (1) year of experience or practice in substance use disorders in the required 12 core functions, can be made up of the following: <ul style="list-style-type: none"> <li>• Paid work experience</li> <li>• Experience acquired by means of a supervised practicum/internship, undertaken as part of a program of studies (200 hours minimum)</li> <li>• Proven experience as a volunteer in a Wellness/Addiction organization (to a maximum of 100 hours)</li> </ul>	<b>2000</b>
<b>Education/ Training</b>  <b>220 hours minimum</b>	<b>Core Knowledge</b> <ul style="list-style-type: none"> <li>• Addiction-specific topics</li> <li>• Counselling</li> </ul>	<b>70</b>
	<b>Related knowledge</b> <ul style="list-style-type: none"> <li>• Addiction-related topics</li> </ul>	<b>30</b>
	12 Core Functions	<b>12</b>
	General knowledge/skills	<b>72</b>
	Safety skills (minimum)	<b>20</b>
<b>Other requirements</b>	Cultural/traditional knowledge acquired through practice	<b>6</b>
	Cultural competency Professional Integrity	<b>10</b>
<b>Supervised Clinical Practice</b>	Counselling - individual, couple, family, group (minimum of 30 % of work schedule)	
	12 Core functions (on-the-job practice)	
<b>Practicum</b>	Practicum hours can be counted as hours of work experience (please provide practicum report)	
<b>CIWAW – CORE KNOWLEDGE</b>		
<b>Addiction-specific topics</b>		<b>70 Hrs</b>
<b>Introduction to Addictions</b> <ul style="list-style-type: none"> <li>- Overview of addiction-related topics,</li> <li>- Theories on Addictions</li> </ul>		<b>10</b>
<b>Dynamics of Addictions</b> <ul style="list-style-type: none"> <li>- How they Work,</li> <li>- Their Effects on individuals, family, community</li> </ul>		<b>10</b>
<b>Pharmacology</b> <ul style="list-style-type: none"> <li>- Basic principles, definitions</li> <li>- Physical and psychological effects of drugs</li> </ul>		<b>10</b>
<b>Human development</b> <ul style="list-style-type: none"> <li>- Dynamics of human development - birth to adulthood</li> <li>- Consequences of maladaptive behavior on this process</li> </ul>		<b>10</b>
<b>Addiction Interventions</b> <ul style="list-style-type: none"> <li>- Theories, treatment approaches and models of recovery</li> <li>- Relapse prevention</li> </ul>		<b>10</b>
<b>Self, Health and Wellness</b> <ul style="list-style-type: none"> <li>- personal care and individual responsibility for the practice of basic stress management as it relates to service delivery</li> </ul>		<b>10</b>
<b>Ethics/cultural values</b>		<b>10</b>
<b>Counselling</b>		<b>30 hrs</b>
One-on-one, group, family counselling, Counselling approaches/techniques, Therapies		

CIWAW –RELATED KNOWLEDGE	
<b>Addictions-related topics</b>	<b>12 hrs</b>
<ul style="list-style-type: none"> <li>• Conflict management</li> <li>• Grief work</li> <li>• FASD</li> <li>• Mental health</li> <li>• Residential School &amp; Intergenerational Trauma</li> <li>• Aboriginal &amp; Western therapeutic Approaches</li> <li>• Philosophies &amp; theories related to Aboriginal healing practices</li> <li>• HIV/AIDS</li> </ul>	<ul style="list-style-type: none"> <li>• Trauma work</li> <li>• Suicide</li> <li>• Relapse prevention</li> <li>• Specific drugs/substances</li> <li>• Selfcare</li> <li>• Co-occurring disorders</li> <li>• Cultural practices</li> </ul>
<b>CIWAW – 12 CORE FUNCTIONS</b>	<b>72 hrs</b>
Screening	6
Intake	6
Assessment and evaluation	6
Treatment Planning	6
Counselling	6
Case Management	6
Client Education	6
Referral	6
Reports and Record Keeping	6
Crisis Intervention	6
Orientation	6
Consultation With Other Professionals	6
<b>CIWAW - GENERAL SKILLS/KNOWLEDGE</b>	<b>20 hrs</b>
Communications	10
<b>AND one or a combination of the following</b>	
<ul style="list-style-type: none"> <li>• Group facilitation</li> <li>• Interviewing techniques</li> <li>• Conflict resolution/management</li> </ul>	10
<b>CIWAW - SAFETY SKILLS</b>	<b>6 hrs</b>
Standard First Aid and/or WHMIS/ or other training related to client physical security	
<b>CIWAW - OTHER REQUIREMENTS</b>	
<b>CULTURAL PRACTICE (minimum)</b>	<b>10 hrs</b>
Cultural/traditional activities pursued in the context of working with/treating a client or formal or informal training on topics specific to Aboriginal culture, traditions and/or history	
<b>CULTURAL COMPETENCY AND PROFESSIONAL INTEGRITY</b>	
Cultural competencies and professional integrity are required for all FNWACCB certifications	
<ul style="list-style-type: none"> <li>☐ Ability to respect, implement and incorporate First Nations culture, beliefs, values and traditions in treatment, including separate and combined Sweat Ceremonies, Coming of Age Ceremonies and all other cultural/spiritual ceremonies.</li> <li>☐ Ability to support and assist client participation in traditional and cultural aspects of spiritual recovery.</li> <li>☐ Acting with professional integrity with self, others, clients, colleagues, employers, and the general public</li> </ul>	

#### NOTE: EDUCATION/TRAINING

The required addictions-specific and addictions related hours may be acquired through formal education programs at university or college level or through more informal training offered by independent trainers or training organisations (continuing education programs, workshops, seminars, single courses delivered through conferences, in-house or online).