

**SUMMARY OF STANDARDS AND REQUIREMENTS
CERTIFIED INDIGENOUS ADDICTIONS SPECIALIST LEVEL II (CIAS II)**

Education	Associate of Arts (AA) degree or two-year diploma in the social or behavioural sciences*. For Quebec applicants, a DEC (three (3) year technical program of studies in addictions or social services) AND one (1) year of university certificate in social or behavioural sciences *human services, counseling psychology, social work, psychology or other relevant field	HOURS
Experience	Three years full time paid work experience in an Aboriginal addiction treatment setting (Community-based or Treatment centre). a. A Bachelors degree in Chemical dependency with 105 hours in Counselling will reduce the work requirement by 1000 hours. b. A Masters or higher degree with 140 hours in Counselling courses will reduce the work requirement by 4000 hours.	6000
Education/ Training 360 hours	Core Knowledge • Addiction-specific topics • Counselling	110 80
	Related Knowledge • Addiction-related topics • HIV/AIDS	20 6
	12 Core functions	100
	General knowledge/skills	36
	Safety skills	8
Other Requirements	Cultural/traditional knowledge acquired through practice	18
	Cultural competency Professional Integrity	
Supervised clinical practice	Counselling - individual, couple, family, group (minimum of 40 % of weekly schedule)	
	12 Core functions (on-the-job practice)	
Practicum	Some hours of training in the 12 core functions can be counted (please submit Practicum Report)	
ICAS II – CORE KNOWLEDGE		
Education/training on addictions-specific topics (minimum)		110 hrs
Introduction to addictions/chemical dependencies		14
Physiological and pharmacological aspects - Effects of alcohol on the human body, - Relationship between blood alcohol level and behavior, management of the illness and recovery process, and - Physiological mechanisms of chemical dependencies, addictions & abuse.		20
Psychological dependencies and complications - Patterns of progression/regression, recovery - Personal and social support for reconstruction		20
Sociocultural value and attitudinal systems - Relating to addictions, and alcohol and substance abuse, family, community, spiritual, industrial and legal ramifications amongst First Nations.		20
Human development/behaviour - Dynamics of human development - birth to adulthood - Consequences of maladaptive behavior on this process		20
Self, Health and Wellness - Personal care and individual responsibility for the practice of basic stress management as it relates to service delivery		10
Ethics/cultural values		6

Counselling	80 hrs
One-on-one, group, family counselling, Counselling approaches/techniques, Therapies	
ICAS II – RELATED KNOWLEDGE	20 hrs
Addictions-related topics	
<ul style="list-style-type: none"> Grief work FASD Mental health Residential School & Intergenerational Trauma Aboriginal & Western therapeutic Approaches Philosophies & theories related to Aboriginal healing practices 	<ul style="list-style-type: none"> Trauma work Suicide Prevention Specific drugs/substances Self-care Co-occurring disorders Relapse prevention
HIV/AIDS	6 hrs
Mandatory education/training in HIV/AIDS	
ICAS II - 12 CORE FUNCTIONS	100 hrs
Screening	8
Intake	8
Assessment and evaluation	10
Treatment Planning	8
Counselling	10
Case Management	8
Client Education	8
Referral	8
Reports and Record Keeping	8
Crisis Intervention	8
Orientation	8
Consultation With Other Professionals	8
ICAS II – GENERAL KNOWLEDGE AND SKILLS	30 hrs
Communications	12
Group Facilitation	8
Interviewing Approaches and Techniques	8
Conflict Resolution	8
ICAS II - SAFETY SKILLS	8 hrs
Standard First Aid and/or WHMIS/ or other training related to client physical safety	
ICAS II - OTHER REQUIREMENTS	
CULTURAL PRACTICE (minimum)	18 hrs
Cultural/traditional activities pursued in the context of working with/treating a client or formal or informal training on topics specific to Aboriginal culture, traditions and/or history	
CULTURAL COMPETENCY AND PROFESSIONAL INTEGRITY	
Cultural competencies and professional integrity are required for all FNWACCB certifications	
<ul style="list-style-type: none"> Ability to respect, implement and incorporate First Nations culture, beliefs, values and traditions in treatment, including separate and combined Sweat Ceremonies, Coming of Age Ceremonies and all other cultural/spiritual ceremonies. Ability to support and assist client participation in traditional and cultural aspects of spiritual recovery. Acting with professional integrity with self, others, clients, colleagues, employers, and the general public 	

NOTE: EDUCATION/TRAINING

The required addictions-specific and addictions related hours may be acquired through formal education programs at university or college level or through more informal training offered by independent trainers or training organisations (continuing education programs, workshops, seminars, single courses delivered through conferences, in-house or online).

INDIGENOUS CERTIFICATION BOARD OF CANADA

Certified Indigenous Addictions Specialist – Level II – Certification Requirements - 2015 Edition

