

**SUMMARY OF STANDARDS AND REQUIREMENTS  
CERTIFIED INDIGENOUS ADDICTIONS SPECIALIST LEVEL I (CIAS I)**

<b>Education</b>	Certificate in the social or behavioural sciences*. For Quebec applicants, a DEC (3-year technical program of studies in addictions or social services) *human services, counseling psychology, social work, psychology or other relevant field.	<b>HOURS</b>
<b>Experience</b>	One year full time paid work experience in an Aboriginal addiction treatment setting (Community-based or Treatment centre).	<b>2000</b>
<b>Education/ Training 290 hours</b>	<b>Core Knowledge</b>	<b>95</b>
	<ul style="list-style-type: none"> <li>Addiction-specific topics</li> <li>Counselling</li> </ul>	<b>50</b>
	<b>Related Knowledge</b>	<b>16</b>
	<ul style="list-style-type: none"> <li>Addiction-related topics</li> <li>HIV/AIDS</li> </ul>	<b>6</b>
	12 Core Functions	<b>90</b>
	General knowledge/skills	<b>25</b>
	Safety skills	<b>8</b>
<b>Other Requirements</b>	Cultural/traditional knowledge acquired through practice	<b>14</b>
	Cultural competency Professional Integrity	
<b>Supervised clinical practice</b>	Counselling - individual, couple, family, group (Minimum of 30 % of weekly work schedule)	
	12 Core functions (on-the-job practice)	
<b>Practicum</b>	Some hours of training in the 12 core functions can be counted ( please submit Practicum Report)	
<b>ICAS I – CORE KNOWLEDGE</b>		
<b>Education/training on addictions-specific topics (minimum)</b>		<b>95 hrs</b>
<b>Introduction to addictions/chemical dependencies</b>		<b>14</b>
<b>Physiological and pharmacological aspects</b>		<b>20</b>
<ul style="list-style-type: none"> <li>Effects of alcohol on the human body,</li> <li>Relationship between blood alcohol level and behavior, management of the illness and recovery process, and</li> <li>Physiological mechanisms of chemical dependencies, addictions &amp; abuse.</li> </ul>		
<b>Psychological dependencies and complications</b>		<b>15</b>
<ul style="list-style-type: none"> <li>Patterns of progression/regression, recovery</li> <li>Personal and social support for reconstruction</li> </ul>		
<b>Sociocultural value and attitudinal systems</b>		<b>15</b>
<ul style="list-style-type: none"> <li>Relating to addictions, and alcohol and substance abuse, family, community, spiritual, industrial and legal ramifications amongst First Nations.</li> </ul>		
<b>Human development/behaviour</b>		<b>15</b>
<ul style="list-style-type: none"> <li>Dynamics of human development - birth to adulthood</li> <li>Consequences of maladaptive behavior on this process</li> </ul>		
<b>Self, Health and Wellness</b>		<b>10</b>
<ul style="list-style-type: none"> <li>Personal care and individual responsibility for the practice of basic stress management as it relates to service delivery</li> </ul>		
<b>Ethics/cultural values</b>		<b>6</b>
<b>Counselling</b>		<b>50 hrs</b>
One-on-one, group, family counselling, Counselling approaches/techniques, Therapies		

<b>ICAS I – RELATED KNOWLEDGE</b>	
<b>Addictions-related topics</b>	<b>14 hrs</b>
<ul style="list-style-type: none"> <li>• Grief work</li> <li>• FASD</li> <li>• Mental health</li> <li>• Residential School &amp; Intergenerational Trauma</li> <li>• Aboriginal &amp; Western therapeutic Approaches</li> <li>• Philosophies &amp; theories related to Aboriginal healing practices</li> </ul>	<ul style="list-style-type: none"> <li>• Trauma work</li> <li>• Suicide</li> <li>• Prevention</li> <li>• Specific drugs/substances</li> <li>• Self-care</li> <li>• Co-occurring disorders</li> <li>• Relapse prevention</li> </ul>
<b>HIV/AIDS</b>	<b>6 hrs</b>
Mandatory education/training in HIV/AIDS	
<b>ICAS I - 12 CORE FUNCTIONS</b>	<b>90 hrs</b>
Screening	<b>6</b>
Intake	<b>6</b>
Assessment and evaluation	<b>8</b>
Treatment Planning	<b>8</b>
Counselling	<b>10</b>
Case Management	<b>8</b>
Client Education	<b>8</b>
Referral	<b>8</b>
Reports and Record Keeping	<b>6</b>
Crisis Intervention	<b>8</b>
Orientation	<b>6</b>
Consultation With Other Professionals	<b>8</b>
<b>ICAS I – GENERAL KNOWLEDGE AND SKILLS</b>	<b>25 hrs</b>
Communications	<b>10</b>
Group Facilitation	<b>5</b>
Interviewing Approaches and Techniques	<b>5</b>
Conflict Resolution	<b>5</b>
<b>ICAS I - SAFETY SKILLS</b>	<b>6 hrs</b>
Standard First Aid and/or WHMIS/ or other training related to client physical safety	
<b>ICAS I - OTHER REQUIREMENTS</b>	
<b>CULTURAL PRACTICE (minimum)</b>	<b>14 hrs</b>
Cultural/traditional activities pursued in the context of working with/treating a client or formal or informal training on topics specific to Aboriginal culture, traditions and/or history	
<b>CULTURAL COMPETENCY AND PROFESSIONAL INTEGRITY</b>	
Cultural competencies and professional integrity are required for all FNWACCB certifications	
<ul style="list-style-type: none"> <li>• Ability to respect, implement and incorporate First Nations culture, beliefs, values and traditions in treatment, including separate and combined Sweat Ceremonies, Coming of Age Ceremonies and all other cultural/spiritual ceremonies.</li> <li>• Ability to support and assist client participation in traditional and cultural aspects of spiritual recovery.</li> <li>• Acting with professional integrity with self, others, clients, colleagues, employers, and the general public</li> </ul>	

#### **NOTE: EDUCATION/TRAINING**

The required addictions-specific and addictions related hours may be acquired through formal education programs at university or college level or through more informal training offered by independent trainers or training organisations (continuing education programs, workshops, seminars, single courses delivered through conferences, in-house or online).

#### **INDIGENOUS CERTIFICATION BOARD OF CANADA**

Certified Indigenous Addictions Specialist – Level I – Certification Requirements - 2015 Edition