

**SUMMARY OF STANDARDS AND REQUIREMENTS
CERTIFIED INDIGENOUS CLIENT SUPPORT ADDICTION WORKER (CICSAW)**

Education	Completion of Secondary school or other studies at higher level that include courses in the required education/training for this certification	Hours (Min)
Experience	A minimum of 500 hours paid work experience in an Aboriginal work setting delivering addictions and/or mental wellness services to Aboriginal clients.	500
Education/ Training 152 hours minimum	Knowledge and Skills <ul style="list-style-type: none"> • Introduction to Addictions and Mental Wellness • Other knowledge/skills related to Addictions and Mental Wellness • General knowledge/skills • Knowledge/skills in support of the 8 core functions • Other topics related to the 8 core functions • Cultural knowledge and practice 	20 14 18 64 16 20
Professional Practice	• 8 Core Functions of a Client Support Addictions Worker minimum score from Supervisor's evaluation required	70%
Other requirements	<ul style="list-style-type: none"> • Cultural competencies • Professional Integrity Minimum score from Supervisor's evaluation	80%

CICSAW – KNOWLEDGE/SKILLS

Introduction to Addictions and Mental Wellness

20 hrs

- Forms of addictions including substance, solvents, and process addictions
- Signs and symptoms of addiction, including physical and psychological aspects
- Risk factors and protective factors
- Effects of addiction on the individual and the family
- Basic mental health concepts and mental wellness approaches

**Other Knowledge/Skills related to Addictions and Mental Wellness
(Minimum 2 hours in any given subject)**

14 hrs

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| <ul style="list-style-type: none"> • Grief work • FASD • Mental health • Residential School & Intergenerational Trauma • Aboriginal & Western therapeutic Approaches • Philosophies & theories - Aboriginal healing practices • HIV/AIDS | <ul style="list-style-type: none"> • Trauma work • Suicide • Relapse prevention • Specific drugs/substances • Co-occurring disorders • Cultural practices • Resilience |
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General Knowledge and Skills

18 hrs

- Interpersonal Communication
- Self-Care
- Professional Ethics

6
6
6

**CICSAW – KNOWLEDGE/SKILLS IN SUPPORT OF THE 8 CORE FUNCTIONS
(Acquired through training or work practice)**

Required topics

64 hrs

Primary Screening and Assessment	6
Care/Wellness Activity Planning	10
Care facilitation	6
Client Supervision and Support	10
Client Engagement	6
Brief intervention/Basic Counselling	10
Client Education	10
Client Safety (First Aid, CPR/AED, WHMIS etc...)	8

Other topics related to the 8 Core functions	16 hrs
Ex: Interviewing Techniques, Stages of Change, solution-focused therapy, play therapy, how to develop and deliver presentations, how to engage clients, any topic regarding knowledge or skills related to your job responsibilities	
Cultural knowledge and Practice	20
Cultural/traditional activities pursued in the context of working with/treating a client or formal or informal training on topics specific to Aboriginal culture, traditions and/or history	
CULTURAL COMPETENCIES AND PROFESSIONAL RESPONSIBILITY/INTEGRITY	
Cultural competencies and professional integrity are required for all ICBOC certifications. A minimum Supervisor's Evaluation Score of 80% is required	

NOTE: EDUCATION/TRAINING

The required addictions-specific and addictions related hours may be acquired through formal education programs at university or college level or through more informal training offered by independent trainers or training organisations (continuing education programs, workshops, seminars, single courses delivered through conferences, in-house or online).