

**SUMMARY OF STANDARDS AND REQUIREMENTS
CERTIFIED INDIGENOUS ADDICTIONS SPECIALIST LEVEL III (CIAS III)**

Education	Bachelor's degree in the social or behavioural sciences*. *human services, counseling psychology, social work, psychology or other relevant field	HOURS
Experience	Four years full time paid work experience in an Aboriginal addiction treatment setting (Community-based or treatment centre). a. A Masters or higher degree with 140 hours in Counselling courses will reduce the work requirement by 4000 hours.	8000
Education/ Training 450 hours	Core Knowledge	120
	<ul style="list-style-type: none"> • Addiction-specific topics • Counselling 	100
	Related Knowledge	24
	<ul style="list-style-type: none"> • Addiction-related topics • HIV/AIDS 	12
	12 Core functions	120
	General knowledge/skills	44
	Safety skills	10
Other Requirements	Cultural/traditional knowledge acquired through practice	20
	Cultural competency Professional Integrity	
Supervised clinical practice	Counselling - individual, couple, family, group (over 40 % of weekly work schedule)	
	12 Core functions (on-the-job practice)	
Practicum	Practicum hours can be counted as hours of work experience (Please provide practicum report)	
ICAS III – CORE KNOWLEDGE		
Education/training on addictions-specific topics (minimum)		120 hrs
Introduction to addictions/chemical dependencies		20
Physiological and pharmacological aspects		20
<ul style="list-style-type: none"> - Effects of alcohol on the human body, - Relationship between blood alcohol level and behavior, management of the illness and recovery process, and - Physiological mechanisms of chemical dependencies, addictions & abuse. 		
Psychological dependencies and complications		20
<ul style="list-style-type: none"> - Patterns of progression/regression, recovery - Personal and social support for reconstruction 		
Sociocultural value and attitudinal systems		20
<ul style="list-style-type: none"> - Relating to addictions, and alcohol and substance abuse, family, community, spiritual, industrial and legal ramifications amongst First Nations. 		
Human development/behaviour		20
<ul style="list-style-type: none"> - Dynamics of human development - birth to adulthood - Consequences of maladaptive behavior on this process 		
Self, Health and Wellness		10
<ul style="list-style-type: none"> - Personal care and individual responsibility for the practice of basic stress management as it relates to service delivery 		
Ethics/cultural values		10
Counselling		100 hrs
One-on-one, group, family counselling, Counselling approaches/techniques, Therapies		
ICAS III – RELATED KNOWLEDGE		
Addictions-related topics		24 hrs

<ul style="list-style-type: none"> • Grief work • FASD • Mental health • Residential School & Intergenerational Trauma • Aboriginal & Western therapeutic Approaches • Philosophies & theories related to Aboriginal healing practices 	<ul style="list-style-type: none"> • Trauma work • Suicide • Prevention • Specific drugs/substances • Self-care • Co-occurring disorders • Relapse prevention
HIV/AIDS	12 hrs
Mandatory education/training in HIV/AIDS	
ICAS III - EDUCATION/TRAINING IN THE 12 CORE FUNCTIONS	120 hrs
Screening	10
Intake	10
Assessment and evaluation	10
Treatment Planning	10
Counselling	10
Case Management	10
Client Education	10
Referral	10
Reports and Record Keeping	10
Crisis Intervention	10
Orientation	10
Consultation With Other Professionals	10
ICAS III - GENERAL KNOWLEDGE and SKILLS (minimum)	44 hrs
Communications	14
Group Facilitation	10
Interviewing Approaches and Techniques	10
Conflict Resolution	10
ICAS III - SAFETY SKILLS	10 hrs
Standard First Aid and/or WHMIS/ or other training related to client physical safety	
ICAS III - OTHER REQUIREMENTS	
CULTURAL PRACTICE (minimum)	20 hrs
Cultural/traditional activities pursued in the context of working with/treating a client or formal or informal training on topics specific to Aboriginal culture, traditions and/or history	
CULTURAL COMPETENCY AND PROFESSIONAL INTEGRITY	
Cultural competencies and professional integrity are required for all FNWACCB certifications	
<ul style="list-style-type: none"> • Ability to respect, implement and incorporate First Nations culture, beliefs, values and traditions in treatment, including separate and combined Sweat Ceremonies, Coming of Age Ceremonies and all other cultural/spiritual ceremonies. • Ability to support and assist client participation in traditional and cultural aspects of spiritual recovery. • Acting with professional integrity with self, others, clients, colleagues, employers, and the general public 	

NOTE: EDUCATION/TRAINING

The required addictions-specific and addictions related hours may be acquired through formal education programs at university or college level or through more informal training offered by independent trainers or training organisations (continuing education programs, workshops, seminars, single courses delivered through conferences, in-house or online).